

# Chautauqua County

# **4-H**



# **Horse Record Book**

# **Book 4 (Novice)**



Please put your own pictures here! Remember these are YOUR records Have Fun!!!!

# Name:

Name	Date of Birth	Age
Physical Address		
Mailing Address (if different)		
4-H Club	Years in 4-H (includir	ng this year)
Date Project Started	Date Project Completed	
<b>Member Statement:</b> I hereby certify that I hat personally completed this record book.	ave personally kept the records or	n this project and have
personally completed this record book.		
4-H Member's Signature	D	)ate
<b>Record Approval</b> : The 4-H member has com	pleted this record book to a satisf	factory level.
Parent/Guardian Signature	I	Date
4-H Leader's Signature	D	late

# **4-H PLEDGE**

I pledge...

My head to clearer thinking

My heart to greater loyalty

My hands to better service

And

My health to a better living

For my club, my community, my country

And my world.



Project Story	

Feel free to add more pages about this year in 4-H!

# Add some pictures!

# **Horse Nutrition**

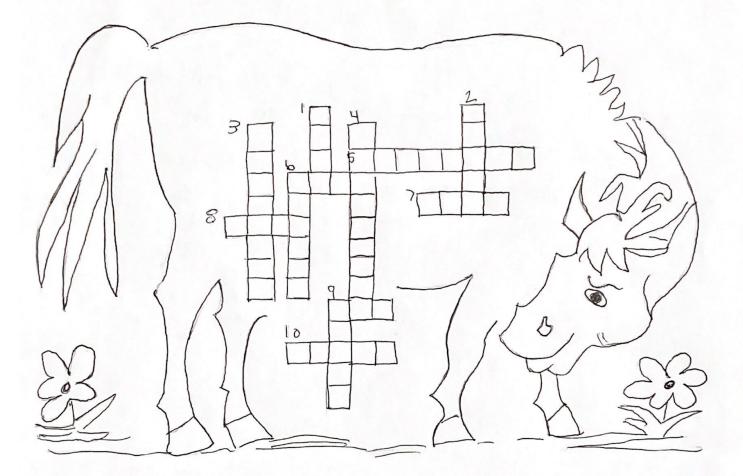
An Important Part of Stable Management

Mark these statements TRUE or FALSE.



1. Feed is divided into three groups: roughages, concentrates and mixed feeds. 2. Hay is considered a roughage. \_\_\_\_\_ 3. The best hay to feed is one which is yellow rather than a bright, leafy green. 4. Hay is best if it does not have many leaves on the stalks. 5. Horse should be rotated to new pastures every few weeks if possible. 6. Horses can become infected with internal parasites if they graze on overgrazed pastures. 7. When horses are first put out to pasture in spring, it is good to feed laxative feeds such as 8. Salt should never be fed to horses. 9. If horses are fed dusty, moldy hay, they can get equine encephalitis. 10. The initials TDN mean total digestible nutrients in a certain feed. 11. The five main kinds of nutrients are energy nutrients, proteins, vitamins, minerals and water. 12. Water makes up about 15% of a foal's body. 13. Corn can be fed to horses. 14. Molasses should not be fed with grains because it is sour and makes grains smell badly. 15. Water acts to regulate heat in horse. 16. A nursing mare does not need more nutrients than a mature horse ridden about an hour a day. 17. Hay which lacks a good odor probably means it was over-mature when harvested, is old or 18. If good quality hay is scarce, good oat straw would be a suitable substitute. 19. A horse turned out on a lush, green pasture for the first time in spring could get colic or founder 20. A good quality roughage could be the only feed required for idle horses.

## **Colors and Markings**



#### DOWN

- 1. A solid color interspersed with white hairs.
- A solid color if he had any white markings, they would not show.
- A solid color also known as sorrel.
- 4. Usually, a solid color with a blanket of white spots covering his rump.
- 6. A narrow white marking that runs down the face of the horse.
- 9. A wide white marking that runs down the face of the horse.

#### **ACROSS**

- 5. A solid color with a cream colored mane and tail.
- A small white marking on the tip of the nose.
- A medium color between white and black.
- 8. A white marking on the forehead of a horse.
- 9. A brownish color with a black mane and tail.

## HORSE SAFETY

### Ray J. Antoniewicz

Some horses are timid animals and react violently when frightened, but there is no need to fear horses it safety precautions are followed. To disregard simple safety rules in handling horses can result in serious mishaps. Knowledge of safe riding and handling is imperative to basic horsemanship skills; the best horsemen "think like a horse" and anticipate what a horse will do.

### **Approaching**

- Always speak to a horse before approaching or touching him from behind. Most horses are likely to jump or kick when startled.
- Never approach a horse directly from the rear.
   Even in a tie stall it is possible to approach at an angle.
- Pet a horse by first placing your hand on his shoulder and neck. Don't reach for the end of his nose because it is a blind spot for the horse.
- When walking around horses, stay out of kicking range. Never walk under the tie rope or step over it.

### <u>Handling</u>

- 1. When working around horses, stay in close to the horse so that you will not receive full impact if he kicks. Stay out of kicking range whenever possible.
- 2. Work on a horse from a position as near the shoulder as possible. In this way, you cannot be touched by either the front or hind feet.
- 3. When working with the horse's tail, stand near the point of the buttock, to the side and facing the rear, not directly in back. Hold the tail, bringing it around to you.
- 4. Learn proper way to lift the horse's feet.



### Handling—(Cont.)

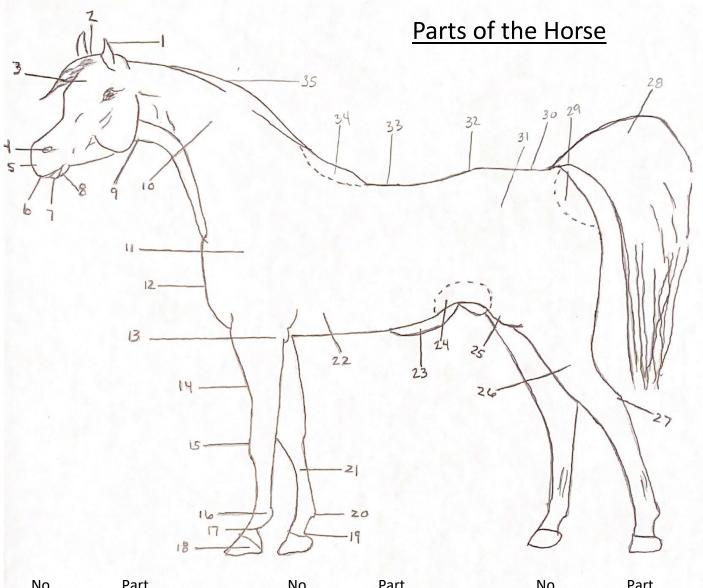
- 5. Be calm and confident around horses. A nervous handler can make a horse nervous and unsafe. This is important in showmanship.
- 6. You know your horse, his temperament and reactions. Control your temper at all times. Let him know you are his firm but kind master.
- 7. Know your horse's peculiarities. If someone else is riding, tell him what to expect.

### **Leading**

- 1. Walk beside your horse when leading him, not ahead or behind. Always turn your horse to the right and walk around him, keeping him on the inside.
- 2. Your horse is stronger than you, so don't try to out-pull him. He will usually respond to a quick snap on the lead strap or rope if properly halter-broken.
- 3. Never wrap the lead strap, halter shank, or reins around your hand, wrist or body. Use a long lead strap, folded "accordion" style in the left hand while leading.
- 4. When leading a horse into a box stall or pasture, turn the horse so that he faces the door or gate before releasing the lead strap or removing the halter or bridle. Otherwise, he is likely to bolt forward before he is released.

## <u>Tying</u>

- 1. Tie horse with approximately two feet of rope. Don't stake them out.
- 2. Untie the lead shank before taking the halter off your horse. This may prevent his pulling back and becoming a "halter-puller."
- 3. Tie your horse away from strange horses so that they cannot fight.



<u>NO.</u>	Part
	Fetlock
	Coronet
	Crest
	Ear
	Cannon
	Hoof
	Withers
	Poll
	Girth
	Pastern
	Under Lip
	Tail

<u>No.</u>	<u>Part</u>
	Gaskin
1	Buttock
	Chest
	Loin
	Flank
	Nostril
	Forearm
	Нір
	Croup
	Muzzle
	Hock
	Upper Lip

<u>No.</u>	Part
	Stifle
	Knee
	Abdomen
	Neck
	Forehead
	Shoulder
	Back
	Lower Lip
	Ankle
	Elbow
	Throat Latch

# Horseless Horse Project

A horse's height is measured in <u>hands</u> . One hand equals
inches. The height is measured from the top of the
If a horse is 16 hands, how many inches tall is she?
If a horse is 65 inches tall, how many hands is he?
How many inches tall are you?
How many hands is that?
Je ob

1 . 1 . 1 . 1 . 1 . 1 . 1 . 1

UNKO ,

# Horse Health Care

Fill in the answers to the following statements in the puzzle below.

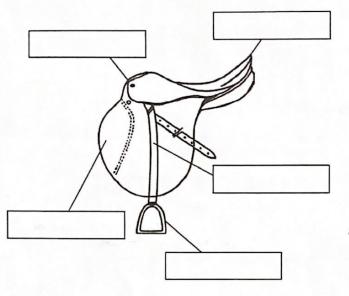
1.	A healthy horse is a horse.	6
2.	Healthy horses need	
3.	Horses can get colic from eating too much	Mr.
4.	A horse can become from stepping on nails	. Mun
5.	A puncture wound can cause	$\bigcap$
6.	Sometimes horse need to have their filed	ı.
7.	Stalls should be cleaned	a la
8.	Each year horses should haveto prevent disea	ase.
9.	To help a horse feel better, they should be regul	arly.
10.	Horses must be several times a year.	S A
11.	Flies, lice, ticks, and worms are called	manna
12.	Horses need plenty of fresh	M. W. W. W.
	1.      H	Groomed Grain
	4. <u>L</u> 5. T	Happy
6	5T	Parasites
7.	Y_	Shots Exercise
	8HH_	Teeth Water Tetanus
	90	Daily Wormed
	10	wonned
11. <u> </u>	S E	

1																
	А	Z	В	R	1	D	L	E	Q	z	с	D	0	Ρ	Ρ	
	А	0	I	Е	N	S	К	S	Y	Z	I	N	А	N	S	
	R	W	А	T	R	E	N	т	D	D	Ν	E	В	N	W	
	S	N	U	N	с	А	N	т	L	E	с	В	А	S	J	
	т	т	Q	S	н	т	T	А	т	U	н	F	G	С	н	
	В	J	I	D	S	Р	0	R	С	W	F	0	R	К	U	
	F	Ρ	G	R	к	L	Т	М	N	L	А	К	т	А	v	
	G	U	S	А	R	К	D	F	E	E	т	L	А	I	E	
	T	V	н	Ν	S	U	А	н	G	D	I	В	0	I	В	
	R	А	R	E	J	T	Р	0	М	М	E	L	F	К	R	
	т	0	А	I	0	U	Y	А	В	С	Z	А	Х	Z	U	
	н	К	R	w	D	N	А	В	Ε	S	0	N	А	D	С	
	U	0	В	L	G	0	G	т	Р	Ν	R	К	L	т	А	
	Ρ	М	с	н	E	F	D	T	Ν	Ρ	Α	E	Ρ	E	S	
	х	М	А	R	т	Т	Ν	G	L	Е	Q	т	х	A	С	

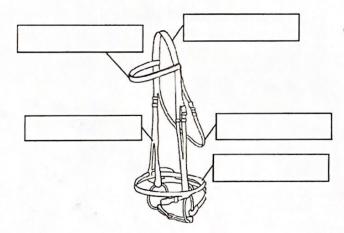
CROP	MARTINGALE	BIT	SNAFFLE	CURB
BRIDLE	REINS	HORN	POMMEL	SEAT
CANTLE	STIRRUP	CINCH	GIRTH	SKIRT
PAD	BLANKET	NOSEBAND	FORK	



5. Identify the following parts of the hunt seat saddle. Write their names in the boxes.



6. Identify the following parts of the English bridle. Write their names in the boxes.



- 7. Number the order in which you would use the following grooming tools, with "1" as the first tool and "6" as the last.
  - \_\_\_\_\_ Body brush
  - Mane and tail comb
  - \_\_\_\_ Dandy brush
  - Cloth
  - \_\_\_\_ Curry comb
  - \_\_\_\_ Hoof pick
- List three reasons why grooming is beneficial to your horse's health.
  - 1.
  - 2.
  - 3.
- 9. Below are statements regarding catching and/ or approaching a horse. Indicate whether the statements are true ("T") or false ("F").
  - When possible, approach the horse at an angle and come in near its shoulder.
  - \_\_\_\_ Most horses are likely to jump and/or kick if they are startled.
  - \_\_\_\_\_ If it is necessary to approach the horse from the rear, you should not speak to the horse to avoid startling it.
  - \_\_\_\_\_ When behind the horse, you should stay close to its body.
  - You should use grain to catch a horse, even if other horses are present.

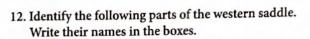
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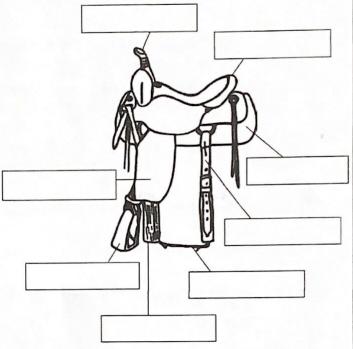
#### LEVEL KNOWLEDGE ADVANCEMENTS (contd.) 1

- 10. Match the following terms (on the left) to their definitions (on the right). Draw a line from the term to its definition.
  - 1. An unweaned horse A. Filly
  - B. Mare 2. A male horse that is castrated
  - C. Colt 3. Female horse under age 3
  - D. Foal 4. A mature female, age 3 or older 5. A male horse able to
  - E. Gelding sire a foal
  - F. Stallion 6. Male horse under age 3
- 11. Name five items that you should take with you when you go on a trail ride.
  - 1.
  - 2.

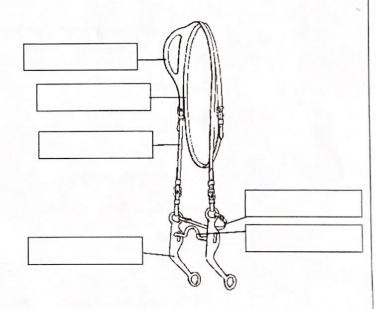
  - 3.
  - 4.

5.





13. Identify the following parts of the western bridle. Write their names in the boxes.



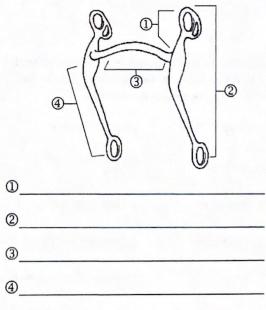
# KNOWLEDGE ADVANCEMENTS (contd.)

LEVEL

- 12. What are the two categories of hay? 7. List the three types of hunt seat saddles and a feature of each one. 1. 1. 2. 2. 3. 13. Name two types of legumes. 1. 8. Below are various examples of aids that you might use when riding your horse. In the space provided, write an "N" if the aid is a natural aid or an "A" if it 2. is an artificial aid. Hands 14. Name three types of grass hay. \_\_\_\_ Crop 1. \_\_\_\_\_ Legs Weight 2. Spurs 3. Voice 9. How long is a horse's gestation period? their names below.
- 10. What is the name of the concentrated milk that a dam secretes for the first few days after giving birth?
- 11. Below are various qualities of hay. Circle the qualities that are good for hay to have. Cross out the qualities that are bad for hay to have.

Cut when mature Green Low leaf-to-stem ratio Sweet smelling Free of weeds, dust, and dirt Moldy

15. Identify the following parts of the curb bit. Write



# KNOWLEDGE ADVANCEMENTS

#### 1. What are five signs of a normal, healthy horse?

LEVEL

1.

2.

3.

4.

5.

1.			
2.			
3.			
4.			
5.			

2. Name five diseases that you can (and should) vaccinate your horse for.

- 4. What are three ways to control internal parasites?
  - 1. 2.
  - 3.

5. Name three external parasites and list one control method for each of them.

Parasite	Control Method

#### 6. What are the six essential nutrients?

1.

2.

3.

4.

5.

6.

3. Match the following internal parasites (on the left) to their descriptions (on the right). Draw a line from the parasite to its description.

A. Large strongyles	1. Least harmful
B. Ascarids	2. Largest
C. Pinworms	3. Most harmful
D. Tapeworms	4. Larvae of bot fly
E. Bots	5. Require immediate host

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1. In the table below, list three different horse breeds and the following information about them.

Breed:		
Origin:		
Characteristics:		
Primary uses:		

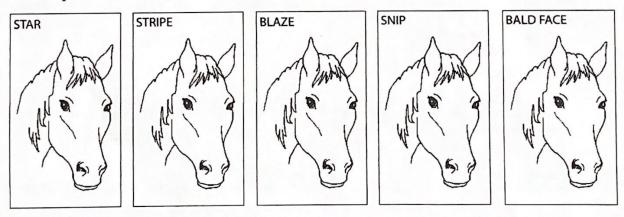
2. What are the five basic coat colors? Name and briefly describe them.

1.				
2.				
3.				
4.				
5.				

- 3. What are the five major variations to the basic coat colors? Name and briefly describe them.
  - 1. 2. 3.
  - 4.

5.

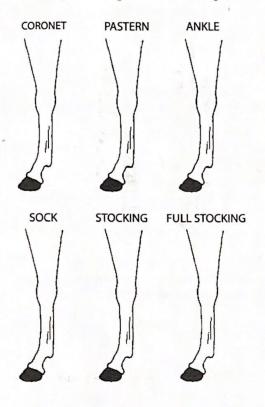
4. On the pictures below, draw the following face markings: star, stripe, blaze, snip, and bald face.



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# KNOWLEDGE ADVANCEMENTS (contd.)

14. On the pictures below, draw the following leg markings: coronet, pastern, ankle, sock (halfstocking), stocking, and full stocking.



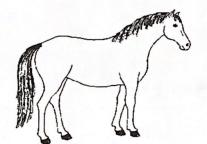
descriptions (on the right). Draw a line from the gait to its description. 1. Western term for A. Walk slow trot 2. Western term for the B. Sitting trot three-beat gait 3. English term for free-C. Posting trot moving, two-beat gait D. Canter 4. Four-beat gait E. Jog 5. English term for smooth, three-beat gait 6. English term for a two-F. Lope beat gait slower than a posting trot

16. Match the following gaits (on the left) to their

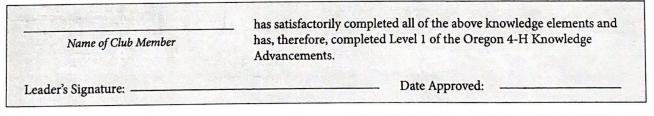
1

3-15

- 17. Identify the following parts of the horse. Write their names in the boxes.
- 15. On the picture below, draw a line indicating where you would measure the horse's height.



Congratulations! You have successfully completed Level 1 of the Knowledge Advancements!



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KNOWLEDGE ADVANCEMENTS (contd.)

LEVEL

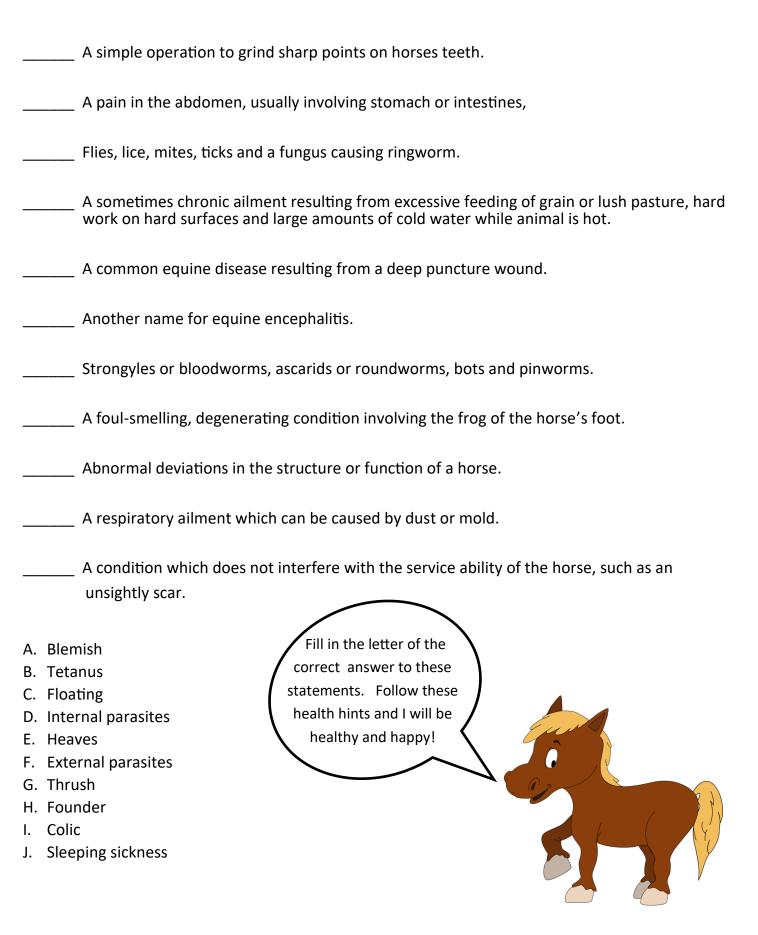
Leader's Signature:

16. Name and briefly describe the three types of lead changes.	19. What is a horse's normal temperature?
1.	degrees Fahrenheit
2.	20. What is a horse's normal standing pulse?
3.	beats/minute
17. What are five items you should have in your equine first aid kit?	21. What is a horse's normal standing respiration rate?
1.	22. What are two benefits of controlling your horse's
2.	grazing?
3.	1.
<b>4</b> .	2.
5.	23. Briefly describe how you should store the following items of tack.
18. What are five factors you should consider when looking to buy a horse?	1. Bridle:
1.	2. Saddle:
2.	3. Blanket:
3.	24. What is the definition of a stable vice?
4.	
5.	
2.	
Congratulations! You have successfully con	npleted Level 2 of the Knowledge Advancements!
	ctorily completed all of the above knowledge elements and fore, completed Level 2 of the Oregon 4-H Knowledge nents.

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Date Approved:

# HORSE HEALTH FUNSHEET





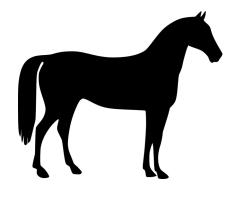
# My Club Meetings & Activities



DATE	EVENT	ATTENDED



I can do these things:	Check here:
Tell you my name and age.	
Tell you the name of my 4-H club.	
Tell you my Leader's name.	
Name my County.	
Name my State.	
Say the 4-H Pledge	
Say the Pledge of Allegiance to the Flag.	
Name some parts of a horse.	
Name some parts of a bridle.	
Name some parts of a saddle.	
Tell you a horse safety rule.	
Tell you about my demonstration.	
Explain: Walk. Trot. Lope. Stop. Back.	
Demonstrate Showmanship without a horse.	
Explain what a "side pass" means.	
Tell you colors of horses.	
Tell you breeds of horses.	
Tell you how many inches equal one hand.	
Other things I want to show/tell you.	



# **Involvement**

### In this section you will be able to record everything you were involved in with 4-H

Number of club meetings h	eld: Number attended:	
Officer positions held (If ar	ıy)	
President Vice Pres	ident 🔲 Secretary 🔲 Treasurer 🔲 F	Reporter 🔲 Other
4-H committees?		
	or Crafts	
What other 4-H leadership	roles did you hold this year? (Camp co	ounselor, teen leader, etc.)
	<u>*3 Credits*</u>	
	in your Horse Program Book for information a	
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Projects, programs, clin Title of Activity Title of Activity Total Credits: Presentations: Title: Type of Presentation: Partner's Name: Presented at following level	in your Horse Program Book for information al ics, etc. participated in to obtain at I Chautauqua County 4-H Horse Pro Date(s)	east 3 credits required for t oject What I Learne

# **Project Finances**

It is likely you spent money on your 4-H Horse Project.

This section will help you add up what it cost to complete your project.

### Expenses (E):

Expenses are divided into four categories (E1, E2, E3, and E4)



- 1) Tack and Equipment Expenses
- 2) Board, Feed and Bedding Expenses

3) Health/ Medical Expenses (including vet, farrier, deworming, etc.)

4) Miscellaneous Expenses (meetings, clinics, lessons, shows, transportation, etc.)

#### (E1) Tack and Equipment Expenses: (You may consolidate several repetitive costs)

Dates:	Description of Expense	Costs (\$)
1/1/13	Example: New Saddle Blanket	\$20.00
	(E1) Total	>

#### (E2) Board, Feed, and Bedding Expenses: (You may consolidate several repetitive costs)

Dates:	Description of Expense Costs (\$)
11/1/12-3/1/13	Example: \$20 x 20 weeks 100lbs. Grain \$400.00
	(E2) Total

#### (E3) Health / Medical Expenses (Including veterinarian, farrier, deworming, etc.):

Reminder: Be sure to have proof of Veterinarian-administered vaccinations.

(These records and your original Coggins should accompany your horse whenever you travel with your horse.)

Dates:	Description of Expense	Costs (\$)
	(E3) Total	$\Rightarrow$

#### (E4) Miscellaneous Expenses (Meetings, clinics, lessons, shows, transportation, etc.):

Dates:	Description of Expense	Cost (\$)
	(E4) Total	

#### Income (I):

List any income received from your project this year. For instance, sales of any project-related items or cash prizes from contests or exhibitions. It is quite likely your project had no income. If so, enter "None" under description and "\$0.00" under "Total Income."

Date:	Description of Income	Income (\$)
1/1/13	Example: Sold Saddle	\$150.00
	Total Income	

#### Net Project Cost or Profit (N):

- → If your project earned more than it cost, then your project netted a profit. This is not likely, so do not worry if your project did not make money! Although a business aims to earn a profit, a 4-H project is meant for learning. The important point is to learn that most activities have costs. Therefore, you must be careful to spend money wisely.
- → Most likely, you spent more on your 4-H horse project than you earned from it. Therefore, "Income" minus "Expenses" is the total (or "net") cost of your project. The total should be negative.

Expenses (E)	
Tack and Equipment Expenses	(E1)
Board, Feed, and Bedding Expenses	(E2)
Health / Medical Expenses	(E3)
Miscellaneous Expenses	(E4)
	Total Expenses

Project Cost	<u>Example</u>	
Total Income	\$0	
Total Expenses	\$575.00	
Project Cost (Subtract Total Expenses from Total Income)	0.00	
	<u>-\$575.00</u>	
	-\$575.00	

