

Cornell Cooperative Extension Chautauqua County

Education Center

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COVID-19

4-H Youth Development Protocols

(Text Adapted from NYS 4-H Youth Development Meeting Guidance & Best Practices, June)

Thank you for being a Cornell Cooperative Extension 4-H volunteer. We appreciate your willingness to serve our youth. At Cornell Cooperative Extension of Chautauqua County, the health and safety of our youth, volunteers, and partners we work with is important to us. To help keep you safe at this time we have developed the following 4-H youth outreach guidelines to be followed by all 4-H volunteers and participants for any CCE/4-H gathering or activity.

- The CCE-Chautauqua 4-H Youth Development Lead Educator will be responsible to ensure all protocols are followed.
- **Events (programs, meetings, activities) may only take place at a community location that has a COVID re-opening plan on file with the State of NY.**
- Meeting attendance is limited to the capacity of the event location under NYS COVID guidance. # = . Total number includes total of leaders, members, parents, speakers, etc. Attendance will be taken for accountability and documentation of meeting size and submitted to CCE-Chautauqua.
 - Attendance forms will have place for parents to fill out health evaluation for their youth.
- **Each event must have an approved off-site program plan in place. These should be turned in AT LEAST 24 hours before activity is to begin, to Kate Ewer (kde32@cornell.edu). You MUST receive confirmation that the plan has been approved before holding the activity.**
- All volunteers and parents of youth must complete a **COVID-19 Assumption of Risk Form** and have on file with the 4-H Lead Educator.
- All volunteers and staff must complete the Digital Health Screening **prior** to arriving on location.
 - https://cornell.qualtrics.com/jfe/form/SV_0k1Ut9udUTUsvBP
- Parents must complete the health evaluation for their youth **on the event/gathering attendance form**.
- Social distancing procedures include the following Best Practices:
 - The wearing of masks by all none vaccinated participants, parents, and volunteers (all present), or when vaccination status is unknown
 - Maintaining 6-foot distances between participants without touching of any kind
 - Hold meetings outdoors whenever possible, or in a public location. Meetings should not take place in private homes.
 - Hand sanitizer available at all times.
 - **@ eetings will be limited to no more than hours.**
 - Only single serve, commercially prepared, food and drink should be provided.
 - Participants are welcome to bring their own water (clearly labeled with their name) for hydration.
- Youth and families may not be comfortable meeting in person at this time. It is critical that these decisions are respected and that there is no pressure applied, or opportunities withheld due to a decision not to participate.
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Thank you in advance for your adherence to these safety practices. Using these guidelines together we can help protect public health and keep our fellow community members safe. We encourage you to continue to take all necessary steps to help keep yourself safe during this challenging time.

These recommendations are based on the best available guidance at this time and are subject to change as new information becomes available. Additional Guidance can be obtained from the NYSDOH, the local health department and the CDC. You can learn more, including how to help stop the spread of the coronavirus, on the EDEN webpage.

<https://eden.cce.cornell.edu/coronavirus-response/>

Building Strong and Vibrant New York Communities

Updated /1/

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

Meeting Attendance Log

Anyone attending this meeting must sign in, provide contact information and acknowledge COVID-19 exposure status.

Meeting Name:

Date:

[illegible]

In accordance with Executive Order 202.17 and Sub-Part 66-3 of the NYS Department of Health Emergency Regulations.

NO MASK NO SERVICE

ADA and NYS Human Rights Law Exemptions Apply



Thank you for your cooperation.



Feeling Sick?

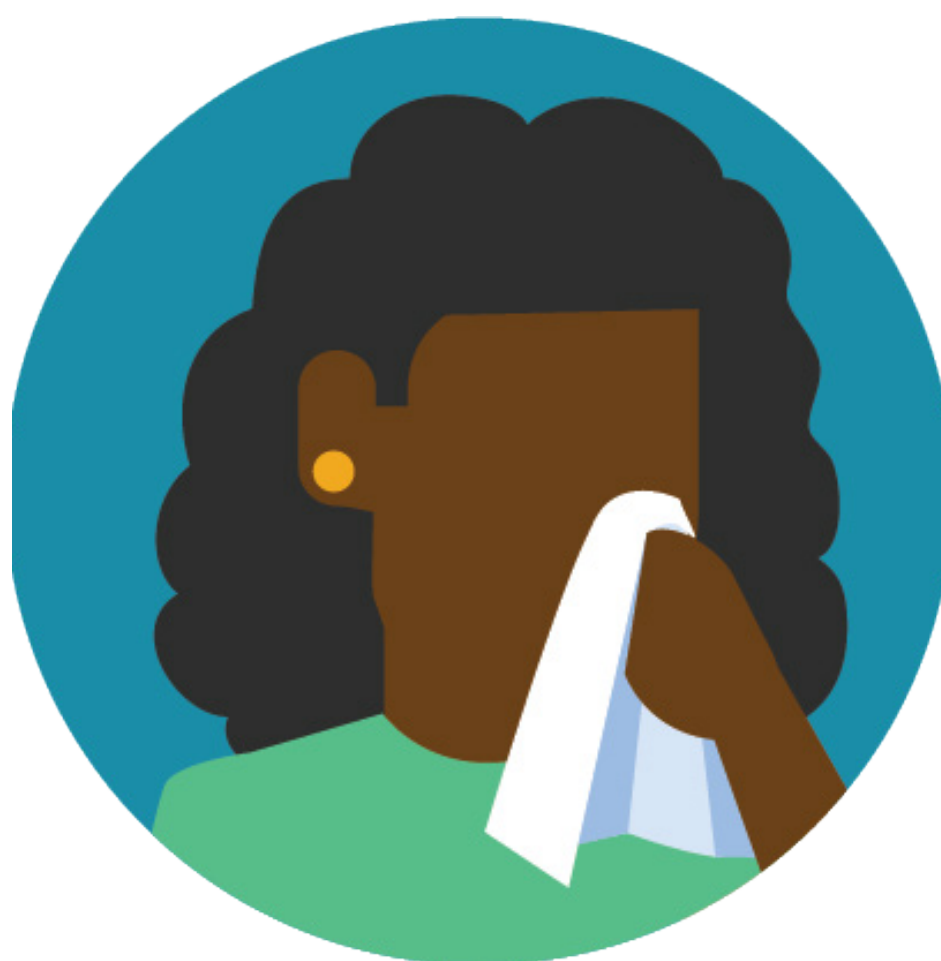
Stay home when you are sick!

If you feel unwell or have the following symptoms
please leave the building and contact your health care provider.
Then follow-up with your supervisor.

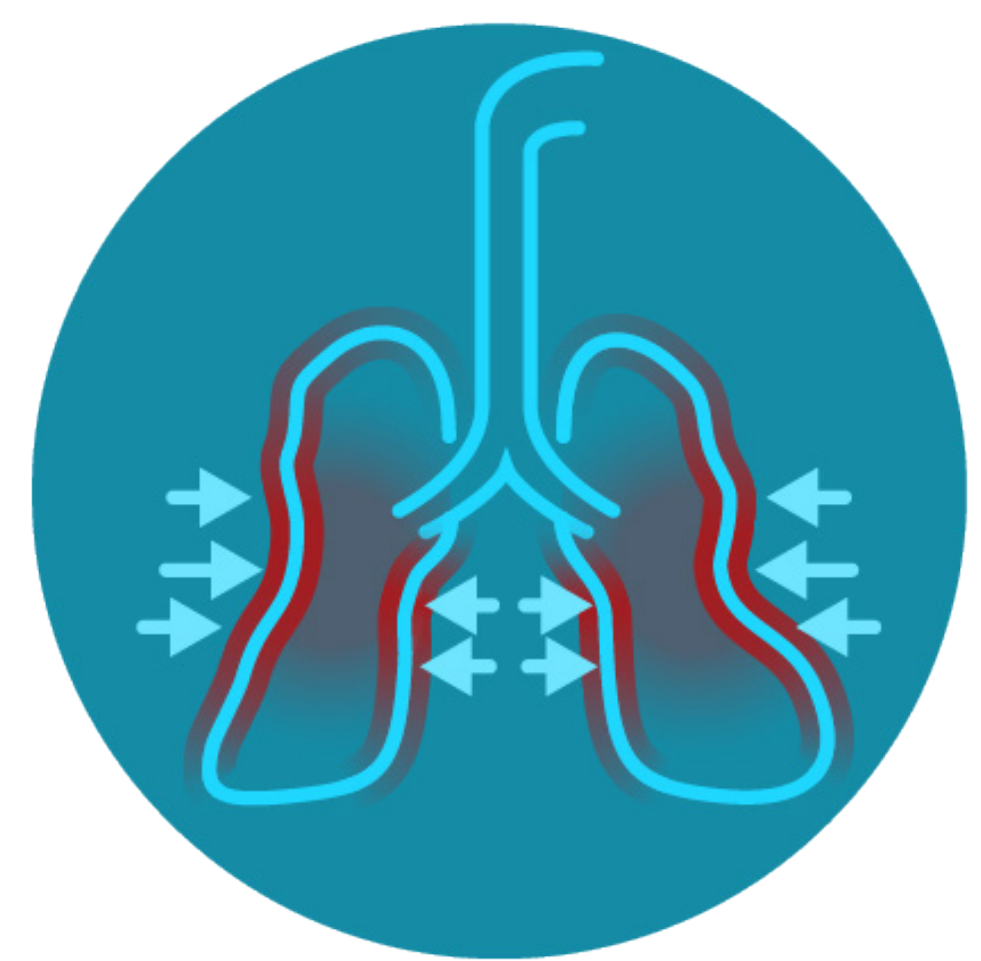
DO NOT ENTER if you have:



FEVER



COUGH



**SHORTNESS OF
BREATH**



cdc.gov/CORONAVIRUS

Mask Do's & Don'ts:

DO:



- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

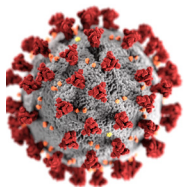
DON'T:

- ✗ Use on children under age 2
- ✗ Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers



cdc.gov/coronavirus

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a mask that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



cdc.gov/coronavirus

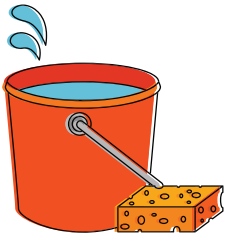
4-H Event Guidelines



**Please be respectful
and maintain a distance
of six feet from one
another.**



**Face masks are
expected.**



**All tables and chairs
must be sanitized
before, between and
after use by individuals.**

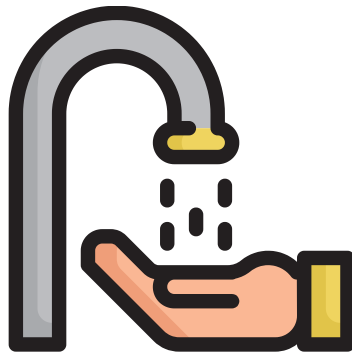


Practice good hygiene

- Wash hands
- Avoid touching your face
- Sneeze or cough into your elbow
- Monitor your health



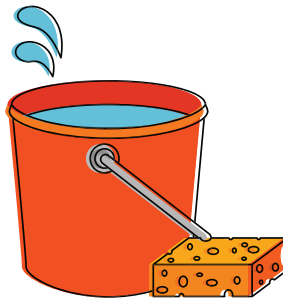
Proper Hand Washing



- 1. Use soap and warm water**
- 2. Wash hands for at least 20 seconds**
- 3. Clean between fingers, under nails and jewelry**
- 4. Dry hands with a single-use paper towel**
- 5. Place used paper towel in trash**



Sanitizing Station



All tables and chairs must be sanitized before, between and after use by individuals.

This sanitizing solution contains 1/3 cup bleach per one gallon of water.

To properly sanitize surfaces, submerge clean cotton cloth, wring out, wipe all surfaces and leave solution on surface for at least one minute.

Sanitizing solution will be refreshed every four hours.



Watch your step!



**Please be
respectful and
maintain a
distance of six
feet from each
other.**





Print and laminate this template to tape to the floor to indicate where clientele should stand.

HELPING CHILDREN WEAR MASKS



Explaining Masks

Seeing people wear masks is new for kids, and may be frightening

Use simple words to explain why people are wearing masks, and why they need to as well.

Ex: Explain that masks keep germs that make people sick away from other people and themselves.

Ex: Explain that they can be a superhero, like the ones on TV, by wearing a mask to keep other people from getting sick.

Answer any questions they may have with simple words.

Make it Fun!

Make masks with your child. Let them assist you throughout the process when appropriate.

Let children pick the fabric and color of their mask.

Have children decorate their masks with markers and other art supplies.

Children can pretend to be doctors and nurses while wearing their masks. Give them a "sick" stuffed animal or toy to take care of.

Wearing Masks

Have children practice wearing a mask at home to get them used to the feeling of having it on.

Teach children not to touch the outside of their mask, and to always keep it pulled up over their nose and mouth.

Practice putting the mask on and taking it off correctly.

REMEMBER: Children under the age of 2 should NOT wear masks.

For more tips:

KidsHealth.org:
<https://kidshealth.org/en/parents/corona-virus-masks.html>

PBS.org:
<https://www.pbs.org/parents/thrive/why-are-people-wearing-masks-answering-your-childs-questions>

