

# Nebraska 4-H Pick-A-Project

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## Communications & Expressive Arts

Youth interested in these 4-H projects may be interested in careers focused on: Administration and Administrative Support; Audio and Video (AV) Technology and Film; Information Support and Services; Interactive Media; Journalism and Broadcasting; Legal Services; Marketing Communication and Promotion; Performing Arts; Printing Technology; Professional Support Services; Programming and Software Development; Teaching/Training; Telecommunications; Visual Arts.

### Communications

#### 15102 Presentations

##### What you can do in this project:

- prepare oral communications
- gain poise while speaking
- participate in a county, district or state speaking contest

##### Printed Materials:

- 4H140 The Basics of Beginning 4-H Presentations
- 4H141 Improving Your 4-H Presentation
- 4H142 Presentations for a Purpose
- [A Guide to Making Great 4-H Speeches](#)

##### For leaders:

- 4H143 Nebraska 4-H Presentations Program

Suggested Age:

For all levels

#### 15202 Posters

##### What you can do in this project:

- learn the principles of effective posters
- plan and prepare a poster
- participate in a poster contest at a county or state level

##### Printed Materials:

- 4H23 Say It With Posters

Suggested Age:

For all levels

#### 16102 Theater Arts 2

##### What you can do in this project:

- make various kinds of puppets
- set up your own puppet stage
- discover the purpose of puppets

##### Printed Materials:

- CCS8071 Theater Arts 2: Becoming a Puppeteer!

##### For leaders:

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<ul style="list-style-type: none"> <li>CCS8073 Theater Arts Helper's Guide (no Extension Specialist for this project)</li> </ul>	
<b>Suggested Age:</b>	Intermediate

<b>16202 Theater Arts 3</b>	
<b>What you can do in this project:</b>	
<ul style="list-style-type: none"> <li>practice dialogue and use props</li> <li>create sound effects for a story</li> <li>design and apply makeup</li> </ul>	
<b>Printed Materials:</b>	
<ul style="list-style-type: none"> <li>CCS8072 Theater Arts 3: Setting the Stage!</li> </ul>	
<b>For leaders:</b>	
<ul style="list-style-type: none"> <li>CCS8073 Theater Arts Helper's Guide (no Extension Specialist for this project)</li> </ul>	
<b>Suggested Age:</b>	Advanced

## Photography

<b>18002 Focus on Photography</b>	
<b>What you can do in this project:</b>	
<ul style="list-style-type: none"> <li>learn about the importance of lighting</li> <li>basic composition using a focal point</li> <li>exploring the camera</li> </ul>	
<b>Printed Materials:</b>	
<ul style="list-style-type: none"> <li>PC1 Focus on Photography - Level 1 (New)</li> </ul>	
<b>Suggested Age:</b>	Beginner

<b>18102 Controlling the Image</b>	
<b>What you can do in this project:</b>	
<ul style="list-style-type: none"> <li>learn about shutter speed and aperture</li> <li>capture hard and soft light to create moods</li> <li>the rule of thirds</li> </ul>	
<b>Printed Materials:</b>	
<ul style="list-style-type: none"> <li>PC2 Controlling the Image - Level 2 (New)</li> </ul>	
<b>Suggested Age:</b>	Intermediate

<b>18202 Mastering Photography</b>	
<b>What you can do in this project:</b>	
<ul style="list-style-type: none"> <li>selecting a lens</li> <li>learn about special effects</li> <li>master composition</li> </ul>	
<b>Printed Materials:</b>	
<ul style="list-style-type: none"> <li>PC3 Mastering Photography - Level 3 (New)</li> </ul>	
<b>Suggested Age:</b>	Advanced

