

Cornell Cooperative Extension of Chautauqua County's

Extension Connection



Cornell Cooperative Extension
Chautauqua County

July 2025
Volume 10 - Issue 7

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COVER: Picture by CCE staff



Your picture could be on our next cover!

Send your submission to lpc33@cornell.edu

The Chautauqua County Extension Connection (USPS #101-400)

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Canandaigua, NY 14424
585-394-3977 ext. 426

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Association News

Board of Directors

Alyssa Porter - President
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Suzanne Fassett-Wright
Dinah Hovey
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Louis Smith
Pat Walker
Fred Johnson, County Legislator
Tom Nelson, County Legislator
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Emma Boutelle, Kennedy
Jessica Brehm, Falconer
Andrew Campbell, Westfield
Katelyn Card-Allen, Jamestown
Virginia Carlberg, Frewsburg
Cynthia Carlson, Van Buren Pt
Shannon Rinow, Panama

4-H Program Committee

Betty Catanese, Stockton
Laura LeBarron, Silver Creek
Jan Schauman, Jamestown
Keith LaRoy, Kennedy
Lindsay Eckman, Frewsburg
Taylor Young, Panama

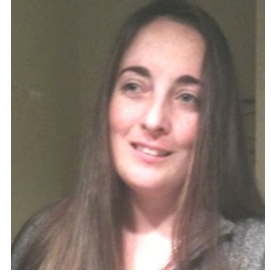
4-H Program Advisory Chairpersons

Joyce Edwards	Clothing and Textiles
Bart Nickerson	Dairy
Aaron Carlberg	Goat
Roxanne Young	Dog
David Schauman	Beef, Meat Animal Sale
Kasey Fanara	Horse
Marie Warner	Snack Bar
Jamie Smith	Exhibition Poultry
Melissa Winton	Market Poultry
Kim Chapman	Rabbit
Louis Smith	Hog
Shawn Huntington	Sheep
Cassie Skal	Teen Ambassadors

From the Office of the Executive Director

JULY! Already!!!

What a wonderful month to celebrate YOUTH, school is finally out for the summer, and the Chautauqua County Fair will begin on Tuesday July 15. Be sure to stop in and see all the exhibits from creative crafts to cows, horses and more! We are looking forward to a great summer, with lots of CCE Programming.



I would like to extend a special congratulations to 4-H youth who are completing their final year in our 4-H youth development program: Jaidyn Newhouse, Kinsey Witherow, Jacob Allen, Alyssa Brown, and Logan Ellsworth, Congratulations and best of luck, we hope 4-H has helped in small and large ways to prepare you for your next adventures.

I have a tendency to focus on the positive, I have found dwelling on the negative just creates more unrest and no one needs any more discomfort. That being said I meant no offense to our farmers by referencing a beautiful spring in our June Issue. I know it has been a particularly challenging year for weather conditions and the new extreme heats have added a new layer of complexity. I strongly encourage everyone to take good care of their personal physical and mental health. NY EDEN offers resources on extreme heat found at: <https://eden.cce.cornell.edu/natural-hazards/heat-wave/> and our friends at Rural Minds offer information and resources to confront rural mental health challenges and the stigma that surrounds mental illness at <https://www.ruralminds.org/>



The Chautauqua Farmer-Neighbor Committee is in search of the following items for the 8th Annual Chautauqua Farmer-Neighbor Dinner.

- Butter
- Carrots
- Fruit
- Ground Beef



If you would like to make a donation of any kind, please contact Cassandra Skal at Farm Credit East at (716) 270-5471 or cassandra.skal@farmcrediteast.com.



Chautauqua County Agricultural News

KEEPING LIVESTOCK (AND THEIR FARMERS) SAFE IN HOT WEATHER

The days of high summer heat can be a nuisance for some and an extreme hazard for others. Planning ahead for shade, spots to cool off, and hydration is key for beating the heat. For farmers, days of high temperatures add even more logistical hurdles. It's important to keep livestock, and those who care for them, safe from the summer heat.

- **Provide animals with constant access to clean, potable water.** This is crucial in helping animals manage their core body temperatures. If you can provide cool water, that's even better. Ensure that there is enough trough space to allow multiple animals to drink at a time.
- **Provide shade, where possible.** Shade has been shown to reduce heat loads by up to 30% in cattle. One method to achieve this is by letting grazing animals graze in the mornings and evenings, while bringing them into the barn during the hot parts of the day.
- **Work animals in the morning or evenings when it's cooler.** If animals have to be worked in the heat of the day, limit the time you spend with them. If animals will be grouped together in common areas for a long period of time, like holding pens, use sprinklers and fans to keep them cool.
- **Reduce fly loads on animals, particularly cattle.** This will help to decrease bunching together that naturally occurs as animals attempt to swat flies. The use of fly deterrents, air movement, and cleaning high traffic areas will all help.
- **Feed more frequently.** Feed spoils quicker this time of the year, and offering fresh feed more often will help. This will reduce spoilage and waste, particularly for fermented feeds, and increase their overall intake.

Don't forget about the humans! Farmers and farm employees also need to take precautions during hot weather. This includes a lot of the same things we do to keep animals cool, too! Consider frequent breaks, avoiding outside work during the hottest hours of the day, staying hydrated, dressing in loose fitting clothing with UV protection, and recognize the symptoms of heat related illnesses.

Keep in mind that during heat waves, regardless of management, milk production and weight gains will trend downward due to more of the animals' resources going to keeping their body cool. For poultry, egg production and quality will diminish. Breeding's that occurs during heat waves are generally less successful than those during normal times. Productivity of employees should also decrease to allow for more time to stay cool and beat the heat.

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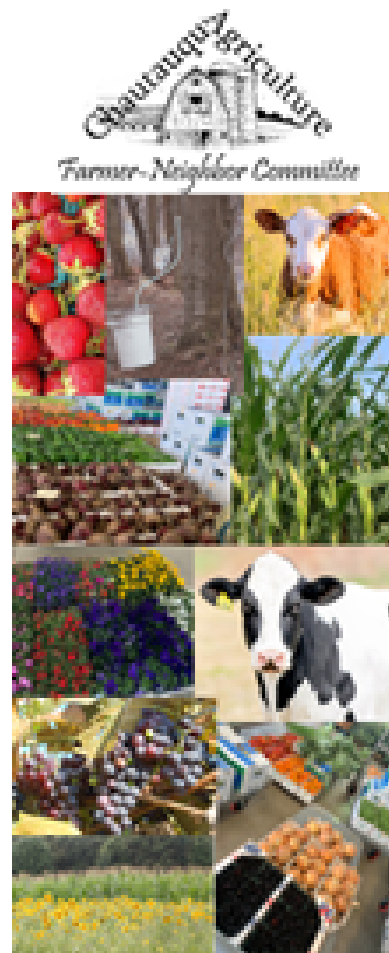
MARK YOUR CALENDAR!

8th Annual Chautauqua Farmer-Neighbor Dinner

August 19, 2025

The Grandview of Ellington
1116 West Hill Road, Ellington, NY

Donations, Sponsors, Tickets:
Cassandra @ 716-270-5471



Have a Gardening Question?

Contact the Master Gardener Helpline:

Wednesdays noon-2 pm April – September
(716) 664-9502 x224 chautauquamg@cornell.edu



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CHAUTAUQUA COUNTY FARMERS MARKET NUTRITION PROGRAM REDEMPTION SITES

FARMERS MARKETS

Cassadaga Farmers Market
Ames Common, Maple Ave
June-September
Sundays 12:00 PM to 3 PM

Forestville Farmers Market
5 Main Street
June 19-October
Thursdays 2 PM to 6 PM

Lakewood Farmers Market
Chautauqua Ave
June-September
Thursdays 12 PM to 4 PM

Dunkirk Farmers Market
45 Cliffstar Ave.
June 11-October
Wednesdays 9 AM to 2 PM

Fredonia Farmers Market
Summer Market | Winter Market
Church St. | 321 E Main Rd
May-October | Nov-April
Saturdays | Saturdays
9 am to 1 pm | 10 am to 1 pm

Jamestown Farmers Market
Summer Market | Winter Market
16 W 3rd St | 410 N Main St
June 7-Nov | Jan-May
Saturdays 9 am to 1 pm

Jamestown Mobile Market
Days & Locations Vary
Visit: jfmny.org

Westfield Farmers & Artisan Market
Park Ave.
May 31-September
Saturdays 9 AM to 2 PM

FARM STANDS

Abers Acres
884 Route 394, Kennedy
Mon-Sat 9am-6pm
Sun 10am-5pm

Biodome Project
207 Pine St, Jamestown
Tues – Fri: 11AM – 6PM
Sat: 11AM-5PM

Carlberg Farm Stand
1982 Peck Settlement Rd, Jamestown
Mon-Sat 9am-6pm
Sun 10am-5pm,

Feinen Farm Stand
13251 Route 39 Forestville
Daily, 10 AM to 6 PM

Green Heron Growers
2361 Wait Corners Road, Sherman
Daily, 8 AM to 8 PM

Hidden Valley Produce
3965 County Road 8139, Frewsburg
Mon-Sat 9am-6pm
Closed Sundays

Hostetler Farm Stand
2213 Route 769, Panama
Mon-Sat 9am-6pm
Closed Sundays

Miller's Apples
3889 Williams St. Dunkirk
Fri 10am-1pm

Roberto Fred Farm Stand
10655 Temple Rd Dunkirk
Daily 9am-6pm

Scott's Farm & Greenhouse
6029 Route 60 Sinclairville
Daily 9am-6pm



More Info:
<https://agriculture.ny.gov/farmers-markets-county>

***Eligible Markets Only**

SNAP / EBT

Find the market manager, or market information table. They will swipe your SNAP/EBT card and exchange for \$1 tokens to spend at any eligible market on SNAP eligible foods (**includes: produce, baked goods, meats, dairy products, seedlings, value-added products and some pre-made meals**).



FRESH CONNECT / DUF B

Get \$2 match in FreshConnect checks (up to \$50 weekly) from the market manager to spend on SNAP-eligible foods. Checks expires December 31, 2025. Some markets participate in Double Up NYS, which provides a \$2 match in DUF B tokens (up to \$20 weekly) to spend on fruits/vegetables, herbs, mushrooms and seedlings only.



FMNP SENIOR

Are you 60 or older? Check with the Office for the Aging for the nearest coupon distribution. If you qualify, you will receive \$25 in FMNP Senior coupons to spend at eligible farmers markets by November 30, 2025. Can be used for fruits, vegetables, mushrooms and herbs only.

FMNP WIC

If you receive WIC benefits, you are eligible for FMNP WIC coupons. Pick them up at your local WIC clinic. FMNP coupons can be spent at eligible local farmers markets, and are for fruits, vegetables, mushrooms and herbs only. They expire November 30, 2025.

Many markets also accept Credit/Debit!



More Info: Chautauqua Grown
<https://chautauqua.cce.cornell.edu/chautauqua-grown>

CHAUTAUQUA GROWN



What's Bugging You? Webinars

2025 Schedule

Each month, experts will share practical information and answer questions on using integrated pest management (IPM) to avoid pest problems and promote a healthy environment where you live, work, learn and play. We'll end with an IPM Minute, and cover a specific action you can take in the next few days to help you avoid pest problems.

All webinars are scheduled for 12:00 - 12:30pm on the first Friday of each month.

July 4: GROW GREEN LAWNS WITH OVERSEEDING / BEECH LEAF DISEASE

Learn how to grow a dense, healthy lawn with fall overseeding. Stick around for insights about the relatively new beech leaf disease and what to do if you think you've seen it.

August 1: MAKING A MOSQUITO BUCKET TRAP / FEEDING FRIENDLY INSECT: PICK PLANTS

Do mosquito bucket traps work? This presentation will review results of a 2024 NYSIPM project to provide guidance on using this technique for backyard mosquito management.

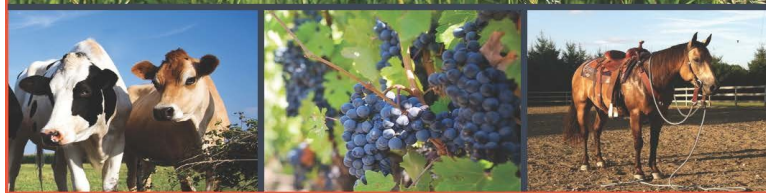
To register please go to: <https://nysipm.cornell.edu/whats-bugging-you/first-friday-events>

If you want to rewatch one of our seminars you can find them in our YouTube playlist at <https://tinyurl.com/4p7k6y4y>

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THIELE DAIRY FARM, CABOT, PENNSYLVANIA
Edward and Lorraine Thiele
and sons William (left) and James (right)
40 cows produce 95 to 100 pounds/cow/day



“We’ve been using Udder Comfort™ over 10 years for fresh cows, any mastitis, and anything that involves swelling. It’s great stuff, especially for tough cases. We swear by it,” says James Thiele, visiting our booth at the PA Dairy Summit. Twin brother William visited us at the Keystone Farm Show too.

They are 6th generation farmers with parents Edward and Lorraine at Thiele Dairy Farm, established in 1868 near Cabot, Pennsylvania, where they love working with nature, cattle, and crops, sharing the stewardship of 300 acres, 40 milk cows, and their youngstock, also sharing with the community what farming is all about through events at the farm and social media. Lorraine is known to paint round bales by the road to ‘put a smile on someone’s face.’ (Scan QR to qrco.de/ThieleBales to read about it.)

“Udder Comfort reduces swelling. That’s the main thing,” James adds. “It has a really good smell to it, and we prefer the blue color and know we’ve put it on. It’s a good reminder to use it.”

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For external application to the udder only, after milking, as an essential component of udder management. Always wash and dry teats thoroughly before milking.

Chautauqua County Soil & Water Conservation District Newsletter

Northcrest Business Center, 220 Fluvanna Ave,
Suite 600, Jamestown, NY 14701
Phone (716) 664-2351 Ext 5
Email: chaut-co@soilwater.org
Board Meetings are held the third Wednesday
of each month at 8:30 AM
Board of Directors: Fred Croscut, Pierre Chagnon,
Bruce Kidder, Allen Peterson, Lisa Vanstrom



SWCD Staff:
David Spann, District Field Manager
Cassandra Pinkoski, Grants Specialist
Greg Kolenda, District Field Technician
Hailey Laramie, Water Quality Technician
NRCS Jamestown Field Office Staff:
Robert Nothdurft, District Conservationist
Anna Emke-Walker, Soil Conservationist

Agricultural Assessments

Partial Reduction in Real Property Taxes for Eligible Farmland in New York State

In 1971, New York State legislature enacted the New York Agricultural District law to protect and promote the availability of land for farming purposes. As part of this legislation, the law allows for reduced property tax bills for land in agricultural production by limiting the assessment of such land to its agricultural value. Owners whose land satisfies the eligibility requirements may apply for an agricultural assessment.

Landowners must file an application (RP-305 or RP-305-r) with their local assessor to receive an agricultural assessment for their parcels. **The local assessor is who determines eligibility.**

In order to be eligible, the following requirements must be met:

Land generally must consist of seven or more acres that were used in the preceding two years for the production for sale of crops, livestock, or livestock products;

The annual gross sale of agricultural products must average \$10,000 or more. If the size is less than seven acres, the average annual gross sales must equal \$50,000 or more.

Agricultural assessment is limited to land used in agricultural production. Up to 50 acres of farm woodland is eligible for the assessment per eligible tax parcel. Land under a structure within which crops, livestock, or livestock products are produced is also eligible for the assessment.

Since farm operations encompass more than one parcel, eligibility is determined by combining separately assessed parcels that are farmed together as a single operation. However, a separate application for each assessed parcel must be made.

Rented land for agricultural purposes may receive an agricultural assessment. If the rented land satisfies the basic eligibility requirements, it can be eligible for the assessment. In addition, if the rented land does not satisfy the average gross sales requirements, it may still be eligible if it is farmed, under a written rental agreement of at least five years, with other farmland that satisfies all eligibility requirements.

What you have to do...

The landowner's first step in applying for an agricultural assessment is to contact their tax assessor. Once they have determined that you qualify for the program, contact Chautauqua County Soil & Water Conservation District to create a soil group worksheet. District Staff will coordinate an appointment with you to help fill out the "Soil Group Worksheet". This worksheet distinguishes the acreage of a farm parcel in each soil group. The landowner then transfers this information to the "Application for an Agricultural Assessment" sheet, available through your local assessor's office. The worksheet and application, along with a soil map generated by District staff, are all submitted to the assessor by the taxable status date. In most towns, taxable status date is March 1st, but it is advisable that you confirm this with your local assessor. Landowners must file an application each year, however, if there are no changes since the previous year, a short form application can be used.

The fee for classification of the soil group worksheet is \$25 dollars per parcel. For more information, or to schedule an appointment, feel free to call Chautauqua County Soil and Water Conservation District office at 716-664-2351 ext. 5. The District operates under normal business hours, Monday through Friday from 8 A.M. to 4:30 P.M.

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Hog Project 6:30 PM	3	4 	5
6	7 4-H Building Set Up 10:30AM	8 4-H Project Evaluation Day 5:00 - 8:00 PM Fairgrounds Beef Barn Set Up 6:00 PM	9 Horse Committee 6:30 PM	10	11	12
13 General Barn Meeting 1:00 PM Fairgrounds	14	15	-----County Fair-----			19 Meat Animal Sale Noon
20 County Fair	21	22	23	24	25	26
27	28	29	30	31 State Fair Meeting 6:30 pm		

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Rabbit Committee 6:30 PM	5	6 Hog Committee 6:00 PM Exhibition Poultry Committee 6:30 PM Dog Project 6:30 PM	7 Beef Committee 6:30 PM	8	9
10	11	12	13 Rabbit Project 6:30 PM Horse Committee 6:30 PM	14 Market Poultry Project 6:00 PM	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30



4-H MEAT ANIMAL SALE PROGRAM POLICY



MISSION STATEMENT: *Training Tomorrow's Leaders Today to raise the best quality animal by teaching the 4-Her decision making, herdsmanship, ethical behavior, marketing and communication skills while utilizing parents and leaders for guidance.*

1. The only animals sold at fair are raised by a 4-Her as their market animal project. The 4-Her must sell a blue or red ribbon animal of their choice. All animals that go through the sale become the property of the buyer. No animals may be swapped.
- 2 Only one animal per species may be sold in the Meat Animal Sale unless the 4-Her has both the grand and reserve champion in the same species-they both must sell in the Meat Animal Sale. Market Poultry will be sold as a pen of 2 birds. Market goats will sell by the head. If the 4-H'er brings an animal to the fair as a project market animal, it must be sold provided it meets all the requirements of the program it is in. For 4-H'ers with more than one animal per species, see rule #6.
3. Commissions will be determined by Meat Animal Sale Committee to reflect market, economic and sale expenses. For year 2025, commission on all animals sold in the Meat Animal Sale is 6 percent.
4. Ribbons will be awarded in all market animal classes (beef, sheep, swine, poultry, and goats) by the designated judge for each species. Ribbons will be awarded based on quality and proper finish at the time of the show.

Blue - Excellent: **Red** - Good: **White**- Possible No Sale

⇒ Youth who receive a white ribbon for the meat animal that they may be selling in the Meat Animal Sale will receive a warning for their first offense. The youth and their family will meet with the Meat Animal Sale committee and the respective animal project committee to discuss better methods for raising an animal that is properly finished.

If a youth receives a second white ribbon for an animal of the same species the next consecutive year on the animal that was intended to go through the Meat Animal Sale, they will not be eligible to sell their animal at the Sale.

Example: Jimmy Smith Raises a market hog in the 2023 4-H year. The judge gives Jimmy's hog a white ribbon based on the finish of his hog on show day. Jimmy is allowed to sell his hog this year. Jimmy joins the hog project the next year and again receives a white ribbon. He is not eligible to sell his animal in the meat animal sale but may sell it at the conclusion of the Meat Animal Sale and arrange slaughter and trucking for that animal if necessary. Jimmy tries to raise a hog for the third year and again receives a white ribbon. The cycle begins again, and he may sell his animal in the sale.

5. Youth are encouraged to be present for both their show and sale day. If a youth is not present for show day and/or sale day their animal will be sold at the conclusion of the entire sale. The youth may choose to sell their animal outside of 4-H and arrange their own slaughter and trucking arrangements.
6. Market animals not sold in the Meat Animal Sale are to be released Sunday July 20th at 3 PM. Youth must **make their own slaughter** and trucking arrangements for these animals. ONLY meat animal sale animals will be loaded on Sunday morning going to the respective processor. **No exceptions.**
7. Animals purchased through the Meat Animal Sale and donated back for resale will be sold at the end of that species. **The original buyer must state that they donate the animal back for resale to benefit an animal species, 4-H Meat Animal Sale, 4-H General fund, endowment etc. The resale buyer's money goes to where the original buyer designates. The resale buyer gets the animal.**
8. . The sale order for each species will go as followed: Grand Champion first, Reserve Champion second, and the rest in a lottery system. 4-H Committees must select sale order immediately following their show and submit the sale order to the 4-H Office.
9. All market animals are to be weighed in once for their qualifying weight. See species handbook for qualifying weights on each species. The animals will be sold at this weight.
10. With all 4-H Animal Science Projects, there is an inherent risk involved. Cornell Cooperative Extension, its employees, and volunteers assume no responsibility for any loss or damage. Animals left on premises by the buyer after closing of the barn are done so at the sole risk of the buyer.
11. The possibility exists that health issues or other concerns may arise after the sale and before the slaughter of the animal. If this happens, the buyer(s) are at risk and will have the authority to make decisions regarding the treatment of the animal. The Meat Animal Sale Committee will make every effort to protect the well-being of animals sold through the Meat Animal Sale Auction.
12. Once the gavel falls, the bidder becomes the owner, and the seller becomes the caregiver until the animal leaves the fairgrounds on Sunday following the sale. The buyer is responsible for the trucking of the animal from the fairground as based upon the directions on the sale receipt. The price per pound paid that is above the current market price is considered to be a charitable donation and is tax deductible.
13. Any situation that does not meet above criteria (1-12) must be brought to the attention of Meat Animal Sale Committee and will be dealt with on a case-by- case basis and voted on by secret ballot.

MEAT ANIMAL SALE PARTICIPANTS

If you plan to donate proceeds from the sale of your market animal-you must get a "**Charitable Donation Form**" from your adult barn superintendent at the Fair. **This form must be turned into the 4-H Office prior to the sale-WHEN SALE ORDER IS DRAWN.** You must bring the following information with you to fair to complete form: percent of donation, name of charitable organization, and the complete address of charity. **If form is not completely filled out- the donation will not be deducted from your check-you will be responsible to send it on your own.**

Animal Project News

Sheep Project



Committee Meetings
TBD
Project Meetings
TBD

All committee meetings at 6pm and project meetings at 7pm unless otherwise noted

Committee Chair: Shawn Huntington
shuntington@randolphcsd.org

Exhibition Poultry Project

Committee Meeting
Wednesday, August 6th



Project Meeting
TBD

***ALL meetings are at 6:30 PM unless otherwise noted**

Committee Chair: Jamie Smith
smith_jamie@mac.com



Beef Project

Committee Meetings
Thursday, August 7th

Beef Project Meetings
TBD

Beef Barn Set Up
Tuesday, July 8th @ 6:00 PM

ALL meetings are at 6:30 unless otherwise noted

Committee Chair: Dave Schauman
chautcobeeffprogram@gmail.com

Horse Project



Committee Meetings
Wednesday, July 9th
Wednesday, August 13th

Project Meetings
TBD

***ALL meetings are at 6:30 PM unless otherwise noted**

Committee Chair: Kasey Fanara
blondieshort24@yahoo.com

Hog Project



Committee Meetings
Wednesday, August 6th

Project Meetings
Wednesday, July 2nd

Special Note:

Iremind now needs to be downloaded as an app and an email address needs to be linked with it. The classroom code for hog project is

@hogpr

PLEASE download the app so you can get our announcements. Any questions call/text Dawn 716-969-4310

***All meetings are at 6:30 PM unless otherwise noted.**

Please note: One parent/guardian MUST attend meetings with their 1st and 2nd year members.

Committee Chair: Louis Smith
716-785-1890



Dairy Project

Committee Meetings
TBD

Dairy Project Meetings
TBD

Committee Chair: Bart Nickerson
bjnick@windstream.net

Rabbit Project



Committee Meetings
Monday, August 4th

Project Meetings
Wednesday, August 13th

ALL meetings at 6:30 unless otherwise noted

Committee Chair: Kim Chapman
kchapman4574@gmail.com

Dog Committee



TBD

Dog Project

Wednesday, August 6th

All Project and Committee Meetings at 6:30 PM
Committee Chair: Roxanne Young
ryoung6825@outlook.com

Market Poultry Project

Committee Meetings
TBD



Market Poultry Project Meetings

Thursday, August 14th

Committee Chair: Melissa Winton
Melissa_deck@yahoo.com



Goat Project

Committee Meetings
Monday, June 2nd
Monday, June 30th

Goat Project Meetings

ALL meetings are at 6:30 PM unless otherwise noted
Watch our Facebook page!

Committee Chair: Aaron Carlberg
216-408-9892



2025 Chautauqua County Fair

Evaluation Day:

Including Food and Horticulture

Tuesday, July 8, 2025

5:00pm-8:00pm

Chautauqua County Fair:

July 14-20, 2025

2025 Theme:



2025 4-H Fair Book

The fair book which contains the 4-H event schedule is available on our website. Limited printed Fair Book copies are available in the office.

Meat Animal Sale

Friday, July 18th 12:00 noon

There are MAS Buyers Packets available for pickup at the Extension Office.

Auction sign up is open at <https://bit.ly/2025CHQMAS> (or scan the QR code below).

If you have not already completed it, please do so ASAP.



The only animals allowed on the slaughter trailers are those that have gone through the auction.

Make arrangements NOW for your extra animals.

NY State Fair Meeting

Thursday, July 31st

6:30 PM

@ Carnahan Center



4-H Record Books

Due to the Extension Office Monday, September 15th

Changes to Fair Load-in

We are checking in from the trailer this year.

Enter Gate 5 and proceed to the appropriate vet checkpoint for the animals on your trailer.

Your vet paperwork should be with your trailer.

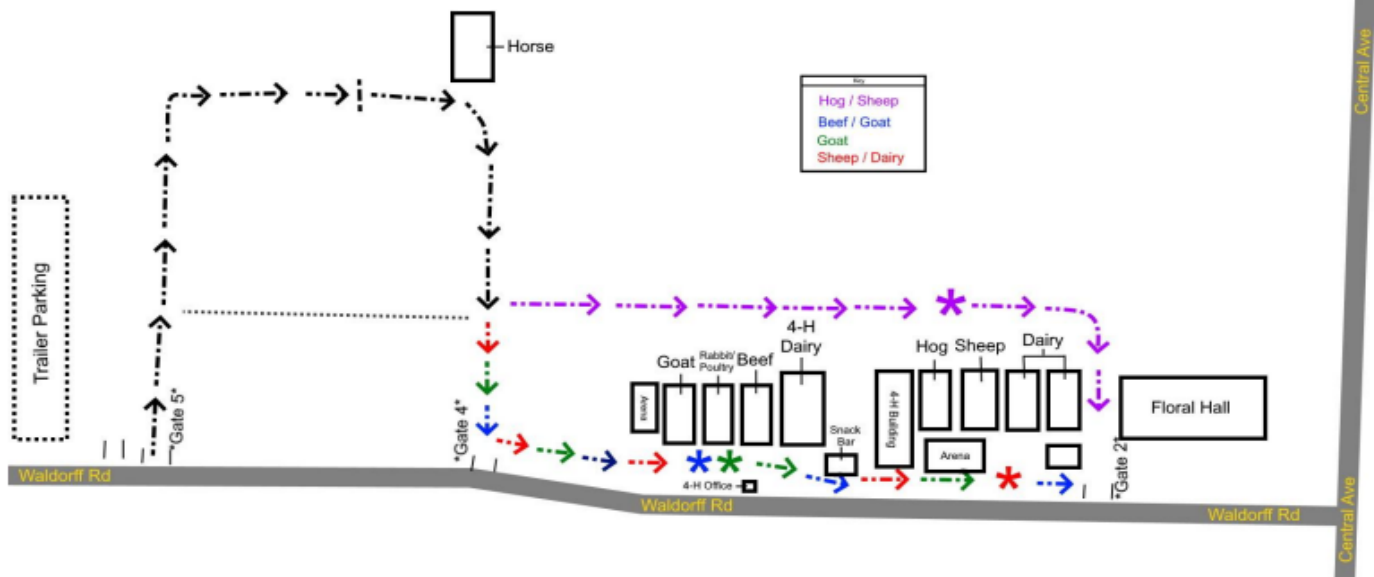
Unload your animals and proceed to Gate 2 to exit.

Questions? Email chautauqua4h@cornell.edu

4-H Building Set-Up

Monday, July 7th 10:30AM @ the Fairgrounds.

Actively looking for youth and adult help! Please let Lisette know if you are able to attend!





SNACK BAR NEWS



It's getting to be that time again! We are gearing up for one of the largest fundraisers of the year to help support 4-H. Last year the Snack Bar made approximately \$11,000 within 6 days at the 2024 Chautauqua County Fair! We thank you for the support we received from our customers and all of our volunteers that helped make this happen. This year we are hoping to be able to extend our hours into the evening and increase the profit made. We are looking for help to make this happen!

- * We are reaching out to outside sources for volunteers. Some employers, such as Wegmans and Cummins, have a **program for employees to participate in volunteer activities**. Do you know of any...please let us know by emailing Lisette, lmc323@cornell.edu
- * **Adult and youth volunteers are needed.** Please consider volunteering for at least one shift throughout the week. Youth age 10 and under will need to have an adult with them. We are working on setting up a program so you can **sign up online for shifts in advance**. Stay tuned for additional details. **Contact Marie Warner at 716-450-3779 or marie.warner85@gmail.com with any questions.**
- * We are actively seeking **Snack Bar Jr. Superintendents!** Snack Bar Jr. Superintendents will receive a \$75 stipend, ride pass, t-shirt and hat. If you are a Chautauqua County 4-H member and are 12 or older, please consider applying. Send a **brief cover letter, resume and Jr. Superintendent application** (available online at <https://chautauqua.cce.cornell.edu/resources/4-h-jr-superintendent-application>) and send to lmc323@cornell.edu
- * Are you interested in joining the **Snack Bar committee**. We would be happy to hear from you!! Call **716-664-9502, ext. 214** or email lmc323@cornell.edu
- * A new **Facebook** page has been established..... "**Chautauqua County 4-H Alumni**". Please spread the word and share with any alumni you may know.

Thank you for any help that you can offer!! See you at the Fair!!



Recognizing Our Youth Aging Out

Jaidyn Newhouse
 Kinsey Witherow
 Jacob Allen
 Alyssa Brown
 Logan Ellsworth

We wish you all the best of luck with your future endeavors and hope 4-H took part into you becoming your future self!

It's Soil Sampling Season

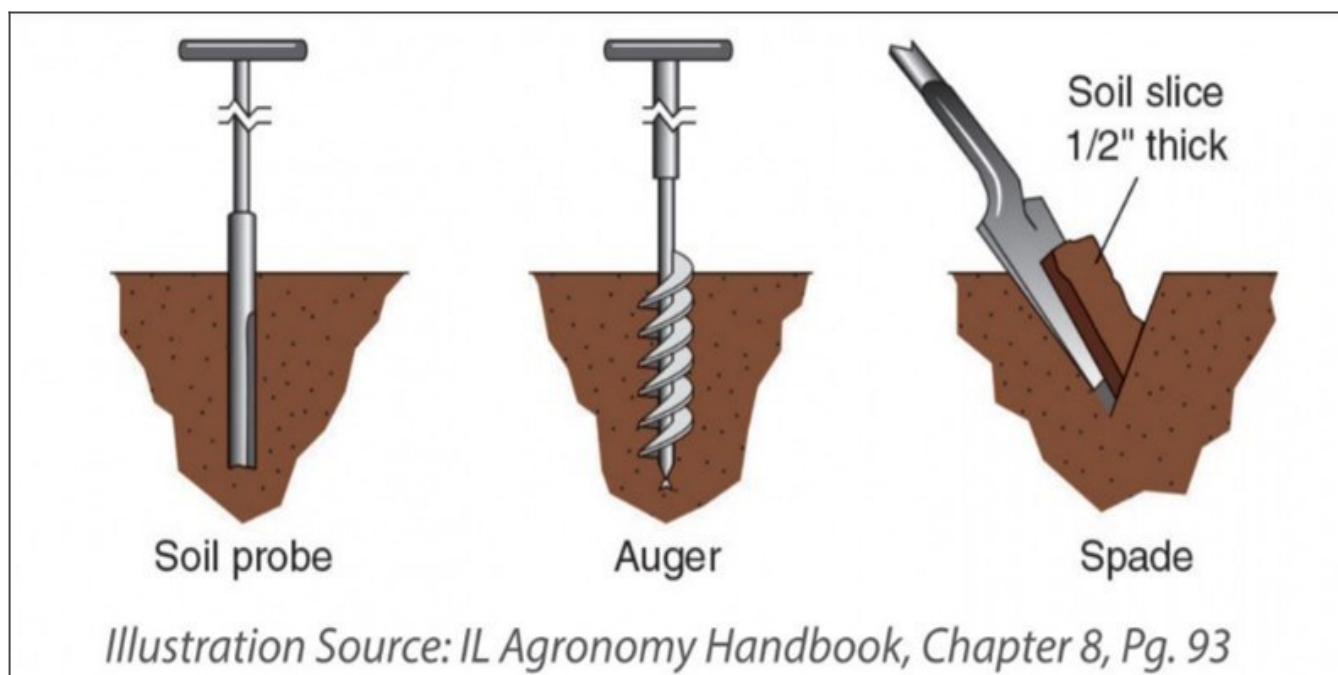
Katelyn Miller, Field Crops and Forage Specialist
Southwest New York Dairy, Livestock and Field Crops Program

Soil testing is the building block of any fertilizer management program. Testing allows you to evaluate your pH, organic matter, and various macronutrient and micronutrient levels in your soil. When paired with crop trial data, the soil test results can be used to determine specific, crop based, nutrient applications that are profitable and environmentally sound. Fall is a popular time of year to take soil samples, so let's discuss how to get your soil from the field and into the lab for analysis.

First, you must decide where you are going to send your soil samples. In New York State, the most reliable extraction method based on our soil types is Morgan, and all fertility recommendations are based on this. In New York State, the most common lab is Dairy One, and all samples submitted contain recommendations derived from Cornell fertility guidelines. Regardless of if you decide to send samples to Dairy One or a different provider, always send samples to the same lab to receive consistent results. All the information in this article is based on submitting samples to this lab; for more information visit <https://dairyone.com/services/agronomy-services/soil-analysis/>.

Once you decide which lab you will send your samples to, you must take the sample. To do so, there are a couple different factors involved:

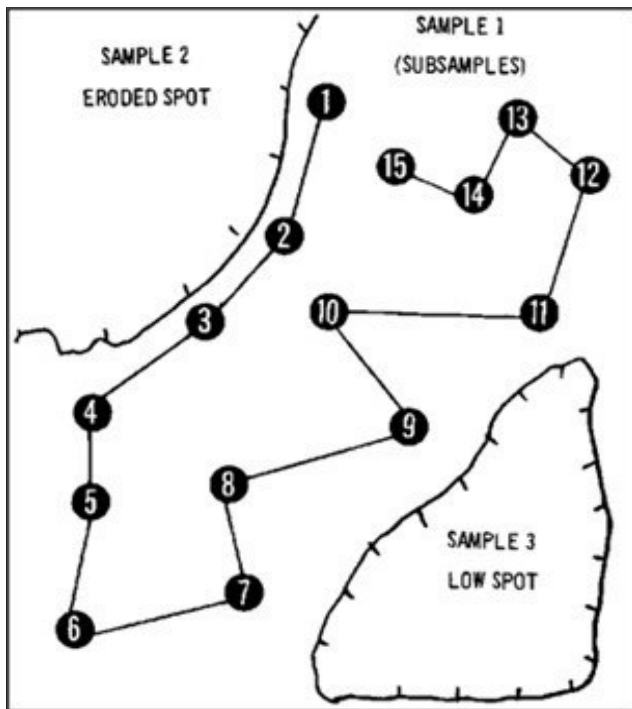
Using the right tools: Soil probes are often the best tools to use for sampling because they can collect soil in a continuous core and create minimal soil disturbance. If you have rocky soil, an auger may work better as rocks can lodge inside the probe. These tools can be expensive, so a spade or shovel can also be used to take samples, but additional care is needed to avoid over/under sampling. Ensure that your equipment is clean and collect all cores into a bucket.



Sampling at the right depth: Before removing the soil, ensure that debris is removed from the surface. Additional residue can alter sample results. Different management systems can require different protocols:

- Under conventional tillage, sample the top 8 inches.
- In pasture/hayfields, sample the top 6 inches.
- In no-till/minimum till systems, two separate samples should be taken. First, sample the top inch of soil, then take another sample of the top 6 inches. The 1-inch sample is taken to timely determine pH decline because stratification does not occur in no-till systems.

Sampling in a pattern: One sample should represent 15 acres or less of similar management history. Fields that have different crop history, fertility management, slope, and crop growth, should be sampled separately. Take samples in a zig-zag pattern throughout the field. A rule of thumb is to multiply the total acreage of the field by 2 to estimate the number of cores to take. Smaller fields should have 10 cores taken at a minimum.



Avoiding abnormal areas: While sampling in the zig-zag pattern, be sure to avoid areas that are not a representation of the entire field. This includes furrows, windbreaks, fence lines, places where manure or lime piles were placed, fertilizer bands, severely eroded slopes, or near burn piles. Sampling in these areas will give you a result that is not representative of the field and will skew results.

Now that the field has been sampled, you should have a bucket with soil in it. Break down any clumps, remove rocks, excess debris, and place 2-3 cups of soil into a labeled bag that corresponds to the name used on the paperwork. You can use sandwich bags, paper bags, or you can pre-order sample bags. If the sample is extremely saturated, lay the soil out so it can dry at room temperature before placing it into a bag for shipping.

The next step is to fill out the paperwork. For results specific to pastures and field crops, Form A is used: <https://dairyone.com/download/agronomy-submission-form-a/?wpdmdl=13838&masterkey=5d0a659f9ca40>. The corresponding crop codes are listed on pages 3 and 4. Be sure to fill out the name of the sampled field, prior and future crop information, and the soil name. You can determine your soil type from the USDA-NRCS Web Soil Survey site. Here is a video that breaks down how to identify your fields soil types: <https://www.youtube.com/watch?v=yI2T8DCyY1Y&t=38s>.

Once you have completed all these steps, you are able to ship out your samples. For a basic soil sample test, it costs \$18/sample plus shipping costs. Samples are shipped via any carrier of your choice, and are shipped to 730 Warren Road, Ithaca NY 14850. You can also request discounted pre-paid mailing labels from the lab directly.

Some important things to remember when you are sampling:

- You should sample approximately every 3 years. Sampling this often will allow you to refine management decisions, especially when planting a different crop in your rotation.
- The results you get are only as good as the samples you send in. Make sure the samples you send in are to the proper depth and are a representative sample.
- Consistency is key. Take samples the same time of year and always send them to the same lab.

For more information about soil testing or report interpretation, please reach out to Katelyn Miller at 716-640-2047 or you can contact one of your county's wonderful Extension agents for assistance!



Summer Quick Tips

July 2025

Cornell
Cooperative
Extension

Healthy Snacks for a Busy Summer!



Summer can be a busy time for families - filled with sports, day camps, reunions, picnics, and other fun activities. But being on the go doesn't mean you have to skip out on healthy snacks. With a little planning, bringing your own can be simple and satisfying! Here are some easy, nutritious snack ideas:

1. Veggies and Dip - Choose your family's favorite vegetables. Wash, cut, and pack them in reusable containers along with a low-fat dip. Add an ice pack to keep them fresh.
2. Infused water - bring reusable water bottles and add a slice of orange, lemon, or another fruit for a refreshing twist!
3. Whole Fruits - Fruits like apples, bananas, or grapes make great grab-and-go snacks. Wash them ahead of time and pack in a reusable bag.
4. Homemade Popcorn - Pop popcorn on the stove or in an air popper. Try fun toppings like grated parmesan, salt and pepper, or your favorite spice blend. Pack individual portions in reusable containers.



Farmer's Markets

During July, there is a bounty of fresh vegetables and fruit available at your local farmer's market. Look for beets, broccoli, green and yellow beans, lettuce, fresh herbs, cherries, peaches, and blueberries. Don't forget to use your WIC fruit and vegetable benefit, Farmer's Market Nutrition Program checks, and your EBT card.



This material is funded by Expanded Food and Nutrition Education Program

Building Healthy Habits Recipe

Fruit Pizza

Serving size ½ muffin plus fruit

Ingredients

- 1 English muffin - try whole grain
- 2 tablespoons reduce-fat cream cheese (see notes)
- 2 tablespoons sliced strawberries
- 2 tablespoons blueberries
- 2 tablespoons crushed pineapple

Directions:

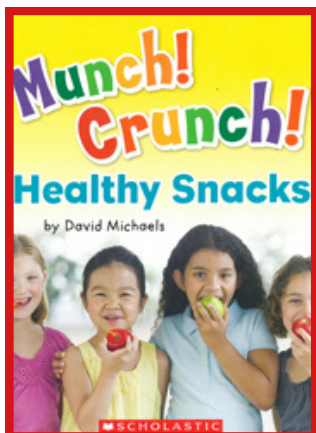
1. Wash hands with soap and water.
2. Rinse fresh fruits under running water before preparing.
3. Split open the English muffin and toast the halves until lightly browned.
4. Spread cream cheese on both halves.
5. Divide the fruit between the two muffin halves and arrange on top of cream cheese.
6. These are best when served immediately.
Refrigerate leftovers within 2 hours.

Notes:

- Use any combination of fruit for topping the pizza, such as apples, raisins, pears, or peaches.
- No cream cheese? Try peanut butter or sunflower seed butter.
- Sprinkle with nuts or seeds for added crunch.



Nutrition Facts: Serving size: ½ muffin plus fruit, 23% calories from fat; calories: 120; total fat: 3g; saturated fat: 1.5g; sodium: 170mg; total carbohydrate: 19g; added sugars: 0g; Protein: 4g; Calcium: 114mg; Potassium: 149mg, Vitamin C: 8mg Vitamin A: 25mcg
Source: FoodHero.org



Kids' Book Nook

With your child, visit your local library and borrow "Munch, Crunch, Healthy Snacks" by David Michaels. This book encourages kids to enjoy tasty, healthy snacks. After reading together, discuss with your child their favorite healthy snack!

Meet Your Educator

Name:

Extension:

Contact information:



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